



Open 15 Mile Time Trial

Sunday 21 July 2019 at 09:00
Course: H15/1

The event is being run for and on behalf of Cycling Time Trials under their rules and regulations

Event Secretary

Rachael Elliott
6 Pindar Place
Newbury
Berkshire RG14 2RR

Event Headquarters

Woolhampton Village Hall
Bath Road
Woolhampton
Berkshire RG7 5RE

Timekeepers: Bob Lyle (Newbury RC) and Maggie Smith (North Hampshire RC)

SIGN ON

It is compulsory for all riders to sign on **AND sign back in again** (do not forget to sign back in, otherwise you will be disqualified from the event). Numbers will be available at the event headquarters at Woolhampton Village Hall which will open from 07:45am. **PLEASE DO NOT WEAR CLEATED SHOES INTO THE HALL.**

Please be aware when arriving at the HQ that there is a low height barrier at the entrance. We do not want your precious bicycles ending up in pieces!

SAFETY

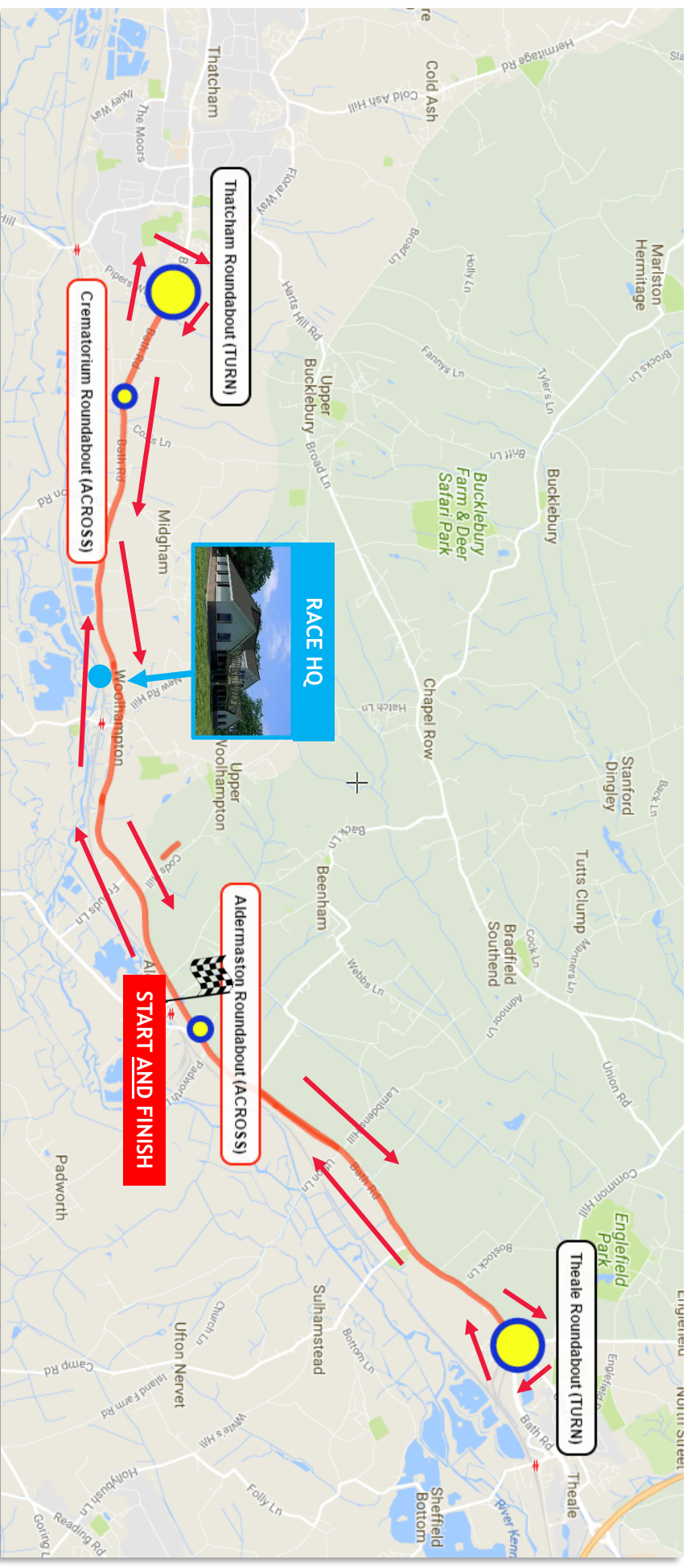
- Always give priority to traffic from your right when negotiating roundabouts.
- Signal clearly to other road users the course you intend to take.
- Safety - not your performance - is the first priority at all times.
- CTT regulations require competitors under 18 years of age to wear a helmet of hard/soft shell construction and recommends the use helmets by all other competitors.
- Make sure you know the course before starting

COURSE DESCRIPTION

H15/1: Aldermaston > Thatcham > Aldermaston > Theale > Aldermaston		
OS Ref	Description	Dist
602675	Start at a point at the Eastern end of the long layby on the South side of the A4, 100 yards west of Aldermaston roundabout, opposite LP 89	0
538670	Proceed westward on A4 going through Woolhampton and Midgham to the Crematorium roundabout	3.967
532673	Go straight across (2nd exit) keeping on the A4 to the Thatcham roundabout, turn at roundabout (3rd exit) to rejoin A4 going East	4.66
604675	Retrace to go through Midgham and Woolhampton to the Aldermaston roundabout	9.356
632707	Go straight across keeping on the A4 to Theale roundabout at the junction with the A340	12.034
	Turn on the roundabout and take the 5th exit to rejoin A4 going West	
602675	Retrace to Aldermaston roundabout (junction with A340)	14.977
601675	Go past the start point for 91yards to finish at Western end of layby point 10 yards short of its end and 32yards short of LP 92	15

NOTES: The course is a mixture of single and dual carriageway with traffic limited to the national speed limit on all the single carriageway stretches with the exception of Woolhampton: please take care when cycling through the village which has a 30mph speed limit to motorised vehicles.

H15/1 COURSE MAP



GETTING TO THE START FROM HQ

Turn right out of HQ and ride east down the A4 to the Aldermaston roundabout. Circle the roundabout and the start is around 20 metres west of the roundabout. ***Bear in mind you will be joining the course on the A4, so please be aware of riders who are already racing - please do not pass the start or finish line if you are not racing and be aware of riders when you are pulling out of HQ to ride to the start.*** A large map will be available in HQ. Please allow 12 minutes to get to the start from race HQ (it is 2.2 miles).

Early starters please be aware that you may be finishing whilst others are starting their rides.

OTHER NOTES

Make sure you do not turn early on the outbound leg. Ensure you CROSS the Crematorium roundabout and turn at the Thatcham roundabout. Marshals will have checkcards so it will be noticed! We'd hate anyone to travel all the way to Newbury to go home with a 13.7 mile personal best and not even get it officially recognised.

REMEMBER: IT IS YOUR RESPONSIBILITY TO KNOW THE COURSE!

STARTSHEET

Start Time	No.	Name	Club	Age	Veteran standard	Cat
09:03	3	Cliff Voller	Newbury RC	68	43:13	VM
09:04	4	Brian James	Brighton Mitre CC	89	54:07	VM
09:05	5	Brian Lewis	Bicester Millennium CC	81	47:55	VM
09:06	6	Bob Loader	Sydenham Whs	86	51:16	VM
09:07	7	Stephen Messenger	Bicester Millennium CC	50	40:26	VM
09:08	8	Glen Knight	Newbury RC	41	39:22	VM
09:09	9	Michael Murkin	Swindon Road Club	73	44:34	VM
09:10	10	Craig Bickerton	Farnham Triathlon Club	32		SM
09:11	11	David Steel	Hereford & Dist Whs CC	72	44:16	VM
09:12	12	Robert Hutchinson	Bristol South Cycling Club	66	42:46	VM
09:13	13	Emily Bickerton	Farnham Triathlon Club	32		SW
09:14	14	Rosslyn Young	Serpentine Running Club	75	49:14	VW
09:15	15	Mary-Jane Hutchinson	Bristol South Cycling Club	62	45:39	VW
09:16	16	Gillian Morgan	Westerley Cycling Club	59	45:07	VW
09:17	17	Samantha Messenger	Bicester Millennium CC	47	43:30	VW
09:18	18	Rachel Green	Cheltenham & County Cycling Club	57	44:49	VW
09:19	19	Joanna Wells	Hounslow & District Whs	58	44:58	VW
09:20	20	Gillian Reynolds	Willesden CC	70	47:31	VW
09:21	21	Anna Woodcock	Oxonian CC	38		SW
09:22	22	Stuart Carver	North Hampshire RC	54	40:53	VM
09:23	23	Paul Cooper	Performance Cycles CC	57	41:16	VM
09:24	24	Ian Radburn	Oxonian CC	52	40:39	VM
09:25	25	Jorj James	Maidenhead & District CC	53	40:46	VM
09:26	26	Chris Lowe	Swindon Road Club	60	41:42	VM
09:27	27	Jon Rich	KISS Racing Team (KRT)	39		SM
09:28	28	Sam Boulton	Didcot Phoenix CC	44	39:45	VM
09:29	29	Nick McCormick	Epsom CC	56	41:08	VM
09:30	30	Stuart Gourley	Radeon-Cycology RT	34		SM

09:31	31	Stewart House	Arctic Aircon RT	51	40:32	VM
09:32	32	Andrew Payne	Maidenhead & District CC	58	41:24	VM
09:33	33	Roger Foster	Banbury Star Cyclists' Club	59	41:33	VM
09:34	34	Tony Costello	Team Swindon Cycles	47	40:05	VM
09:35	35	Dafydd Williams	Coventry Road Club	45	39:52	VM
09:36	36	Mark Bradley	Bristol South Cycling Club	54	40:53	VM
09:37	37	Alan Allcock	Didcot Phoenix CC	64	42:22	VM
09:38	38	Pasquale Chionchio	Westerley Cycling Club	44	39:45	VM
09:39	39	Christopher Edginton	Fairly United Cycling Team	53	40:46	VM
09:40	40	Joe Schwartz	Team Swindon Cycles	57	41:16	VM
09:41	41	Graham Giggs	Bath Road Club	40	39:14	VM
09:42	42	Nicolas Stagg	Hounslow & District Whs	48	40:12	VM
09:43	43	Jaco Van Gass	Para-T	32		SM
09:44	44	Arthur Boulton	Vision Innovative Leisure Racing Team	17		JM
09:45	45	Philip Watts	North Hampshire RC	59	41:33	VM
09:46	46	Gareth Williams	Twickenham CC	53	40:46	VM
09:47	47	Rob Vessey	Didcot Phoenix CC	56	41:08	VM
09:48	48	Matt Fisher	Newbury RC	45	39:52	VM
09:49	49	Angus Macinnes	Royal Air Force Cycling Association	54	40:53	VM
09:50	50	Ian Greenstreet	AeroCoach	55	41:01	VM

PRIZES

Scratch Overall:	1st:	£25
	2nd:	£15
	3rd:	£10
Scratch Ladies:	1st:	£25
	2nd:	£15
	3rd:	£10
Veterans on standard:	1st:	£25
	2nd:	£15
	3rd:	£10
Team:	1st:	£10 per rider

Please note we do not have a “one rider, one prize” rule. If an 80-year-old lady wins on scratch, she fully deserves to take all three first prizes!

**PLEASE STAY FOR THE PRIZE CEREMONY WHICH
WE ANTICIPATE BEING HELD AT HQ AT AROUND 11:00**



Please stay to applaud the worthy winners

Please exchange your number after your ride for a free tea, coffee or squash. An assortment of cakes will also be available.

We wish you a safe and fast ride.

Please direct any enquiries relating to the day to Rachael Elliott by emailing rachael.elliott@gmail.com or calling 07931 722817.